Matsumoto & Nagano Bound													
Origin &	Departs	Departs	Departs	Departs	Departs	Departs	Destination &						
Departure time	Tadachi	Nagiso	Junikane	Nojiri	Okuwa	Suhara	Arrival time						
Nakatsugawa 6:03	6:16	6:22	6:29	6:34	6:38	6:42	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	7:52 8:09					
Jinryo 5:44	6:56	7:02	7:10	7:14	7:18	7:22	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	7:42 8:30 8:54					
Nakatsugawa 7:07	7:21	7:27	Terminates at Nagiso					0.00					
Nagoya 7:00	\rightarrow	8:00	Ltd. Exp. Shinano No.1	\rightarrow	\rightarrow	\rightarrow	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto Arrives at Nagano	8:57 9:08 10:03					
Nakatsugawa 7:40	8:02	8:12	8:22	8:26	8:30	8:34	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	8:54 9:42 10:33					
Nakatsugawa 8:13	8:26	8:32	Terminates at Nagiso										
Nakatsugawa 9:36	\rightarrow	9:50	Rapid Service "Nice Holiday" * Please check operating dates	\rightarrow	\rightarrow	\rightarrow	Arrives at Kiso Fukushima Arrives at Shiojiri	11:11					
Nakatsugawa 10:00	10:13	10:19	10:26	10:31	10::35	10:43	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	11:02 11:51 12:23					
Nagoya 10:00	\rightarrow	11:00	Ltd. Exp. Shinano No.7	\rightarrow	\rightarrow	\rightarrow	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto Arrives at Nagano	11:54 12:04 12:54					
Nakatsugawa 12:00	12:13	12:19	12:26	12:30	12:34	12:43	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	13:02 13:49 14:21					
Nakatsugawa 13:00	13:13	13:19	Terminates at Nagiso										
Nakatsugawa 14:15	14:28	14:34	14:41	14:52	14:56	15:00	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	16:21 16:48					
Nagoya 15:00	\rightarrow	16:00	Ltd. Exp. Shinano No.17	\rightarrow	\rightarrow	\rightarrow	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto Arrives at Nagano	16:24 16:53 17:04 17:54					
Nakatsugawa 16:00	16:13	19:19	Terminates at Nagiso										
Nakatsugawa 17:00	17:13	17:19	17:26	17:32	17:36	17:44	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	18:50 19:10					
Nakatsugawa 18:02	18:15	18:21	18:28	18:32	18:36	18:43	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	19:13 20:00 20:30					
Nakatsugawa 19:00	19:13	19:19	Terminates at Nagiso										
Nakatsugawa 20:00	20:13	20:19	20:26	20:30	20:34	20:38	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Kiso Fukushima	21:55					
Nagoya 19:40	\rightarrow	20:43	Ltd. Exp. Shinano No.25	\rightarrow	\rightarrow	\rightarrow	Arrives at Shiojiri Arrives at Matsumoto Arrives at Nagano	21:37 21:48 22:38					
Nakatsugawa 21:30	21:43	21:49	21:56	22:01	22:05	22:09	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	22:28 23:16 23:33					
Nakatsugawa 23:10	23:23	23:29	Terminates at Nagiso										

Nakatsugawa & Nagoya Bound											
Origin & Departure time	Departs Suhara	Departs Okuwa	Departs Nojiri	Departs Junikane	Departs Nagiso	Departs Tadachi	Destination & Arrival time				
Nagiso	Sunara	ORUWU	NOJIH	Weekday service	6:02	6:07	Arrives at Nakatsugawa Departs Nakatsugawa	6:21 6:30			
6:02 Nagiso				Originates at Nagiso Saturday & holiday service	6:02	6:07	Arrives at Nagoya Arrives at Nakatsugawa Departs Nakatsugawa	7:54 6:21 6:35			
6:02 Nagiso				Originates at Nagiso Weekday service			Arrives at Nagoya Arrives at Nakatsugawa	7:51 6:51			
6:32				Originates at Nagiso	6:32	6:37	Departs Nakatsugawa Arrives at Nagoya Arrives at Nakatsugawa	7:00 8:24 7:03			
Nagiso 6:44				Saturday & holiday service Originates at Nagiso	6:44	6:49	Departs Nakatsugawa Arrives at Nagoya	7:15 8:34			
Kiso Fukushima 6:34	6:53	6:58	7:02	7:06	7:12	7:17	Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya	7:31 7:35 8:57			
Nagiso 7:32				Originates at Nagiso	7:32	7:37	Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya	7:51 7:56 9:13			
Nagano 6:09	\rightarrow	\rightarrow	\rightarrow	Ltd. Exp. Shinano No.2	8:09	\rightarrow	Arrives at Nakatsugawa Arrives at Ena Arrives at Tajimi Arrives at Chikusa Arrives atKanayama Arrives at Nagoya	8:21 8:30 8:50 9:08 9:12 9:17			
Matsumoto 6:32	8:06	8:13	8:17	8:22	8:28	8:33	Arrives at Nagoya Arrives at Nagoya Departs Nakatsugawa Arrives at Nagoya	8:47 8:56 10:13			
Nagiso 8:51				Originates at Nagiso	8:51	8:56	Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya	9:10 9:15 10:35			
Matsumoto 7:42	9:38	9:47	9:51	9:55	10:06	10:12	Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya "A holiday timetable" Departs Nakatsugawa	10:27 10:35 11:57			
Matsumoto 10:30	12:13	12:17	12:21	12:26	12:33	12:39	Arrives at Nagova Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya	12:13 12:54 13:20 14:35			
Nagiso 13:26				Originates at Nagiso	13:26	13:32	Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya	13:45 13:50 15:13			
Matsumoto 12:19	14:22	14:27	14:31	14:35	14:42	14:48	Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya	15:16 15:20 16:35			
Shiojiri 14:18	\rightarrow	\rightarrow	\rightarrow	Rapid Service "Nice Holiday" * Please check operating dates	15:34	\rightarrow	Arrives at Nakatsugawa Arrives at Nagoya	15:48 17:16			
Nagano 14:03	\rightarrow	\rightarrow	\rightarrow	Ltd. Exp. Shinano No.16	15:56	\rightarrow	Arrives at Nakatsugawa Arrives at Tajimi Arrives at Chikusa Arrives at Nagoya	16:08 16:37 16:56 17:06			
Matsumoto 14:28	16:13	16:17	16:22	16:26	16:32	16:38	Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya	16:51 16:55 18:18			
Nagano 15:00	\rightarrow	\rightarrow	\rightarrow	Ltd. Exp. Shinano No.18	16:56	\rightarrow	Arrives at Nakatsugawa Arrives at Tajimi Arrives at Chikusa Arrives at Nagoya	17:08 17:37 17:56 18:05			
Nagiso 16:59				Originates at Nagiso	16:58	17:04	Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya	17:18 17:35 18:57			
Nagano 16:00	\rightarrow	\rightarrow	\rightarrow	Ltd. Exp. Shinano No.20	17:56	\rightarrow	Arrives at Nakatsugawa Arrives at Tajimi Arrives at Chikusa Arrives at Nagoya	18:08 18:37 18:56 19:05			
Matsumoto 15:33	17:24	17:28	17:32	17:37	17:59	18:04	Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya	18:18 18:35 19:57			
Matsumoto 16:17	18:13	18:17	18:21	18:26	18:32	18:38	Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya	18:51 18:55 20:18			
Nagiso 19:30				Originates at Nagiso	19:30	19:35	Arrives at Nagoya Arrives at Nagoya Departs Nakatsugawa Arrives at Nagoya	19:50 20:00 21:18			
Matsumoto 18:25	20:11	20:15	20:19	20:23	20:30	20:35	Arrives at Nagoya Arrives at Nakatsugawa Departs Nakatsugawa Arrives at Nagoya	20:50 21:00 22:22			
Matsumoto 21:31	22:58	23:02	23:06	23:11	23:16	23:22	Arrives at Nakatsugawa	23:36			