Matsumoto & Nagano Bound												
		Departs	Departs	Departs	-	Departs	Destination &					
Departure time	Tadachi	Nagiso	Junikane	Nojiri	Okuwa	Suhara	Arrival time	7.00				
Nakatsugawa 6:03	6:16	6:22	6:29	6:34	6:38	6:42	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	7:02 7:52 8:09				
Jinryo 5:44	6:56	7:02	7:10	7:14	7:18	7:22	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto					
Nakatsugawa 7:07	7:21	7:27	Terminates at Nagiso									
Nagoya 7:00	$\rightarrow$	8:01	Ltd. Exp. Shinano No.1	$\rightarrow$	$\rightarrow$	$\rightarrow$	Arrives at Shiojiri Arrives at Matsumoto Arrives at Nagano	8:57 9:08 10:01				
Nakatsugawa 7:40	8:02	8:12	8:22	8:26	8:30	8:34	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	8:54 9:50 10:33				
Nakatsugawa 8:12	8:25	8:31	Terminates at Nagiso									
Nakatsugawa 9:37	$\rightarrow$	9:51	Rapid Service "Nice Holiday" * Please check operating dates	$\rightarrow$	$\rightarrow$	$\rightarrow$	Arrives at Kiso Fukushima Arrives at Shiojiri	10:30 11:10				
Nakatsugawa 10:00	10:13	10:19	10:26	10:31	10::35	10:43	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	11:02 11:50 12:24				
Nagoya 10:00	$\rightarrow$	11:01	Ltd. Exp. Shinano No.7	$\rightarrow$	$\rightarrow$	$\rightarrow$	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto Arrives at Nagano					
Nakatsugawa 12:00	12:13	12:19	12:26	12:30	12:34	12:43	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	13:02 13:49 14:15				
Nakatsugawa 13:00	13:13	13:19	Terminates at Nagiso									
Nakatsugawa 14:25	14:38	14:44	14:51	14:56	15:00	15:04	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	15:32 16:20 16:41				
Nagoya 15:00	$\rightarrow$	16:01	Ltd. Exp. Shinano No.17	$\rightarrow$	$\rightarrow$	$\rightarrow$	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto Arrives at Nagano	16:25 16:53 17:04 17:53				
Nakatsugawa 16:00	16:13	19:19	Terminates at Nagiso									
Nakatsugawa 17:00	17:13	17:19	17:26	17:32	17:36	17:44	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	18:03 18:50 19:10				
Nakatsugawa 18:02	18:15	18:21	18:28	18:32	18:36	18:43	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto	19:13 20:00 20:22				
Nakatsugawa 19:00	19:13	19:19	Terminates at Nagiso									
Nakatsugawa 20:00	20:13	20:19	20:26	20:30	20:34	20:38	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Kiso Fukushima	21:50				
Nagoya 19:40	$\rightarrow$	20:43	Ltd. Exp. Shinano No.25	$\rightarrow$	$\rightarrow$	$\rightarrow$	Arrives at Niso Fukusiiiiia Arrives at Shiojiri Arrives at Matsumoto Arrives at Nagano	21:37 21:48 22:39				
Nakatsugawa 21:30	21:43	21:49	21:56	22:01	22:05	22:09	Arrives at Kiso Fukushima Arrives at Shiojiri Arrives at Matsumoto					
Nakatsugawa 23:10	23:23	23:29	Terminates at Nagiso									

			Naka	atsugawa & Nagoya Bo	ound			
Origin &	Departs	Departs	Departs	Departs	Departs	Departs	Destination &	
Departure time	Suhara	Okuwa	Nojiri	Junikane	Nagiso	Tadachi	Arrival time	T
Nagiso				Weekday service	C.02	C.07	Arrives at Nakatsugawa	6:21
6:02				Originates at Nagiso	6:02	6:07	Departs Nakatsugawa Arrives at Nagoya	6:30 7:54
Nagico				Catanada o O Inglisha o ann ing			Arrives at Nakatsugawa	6:21
Nagiso 6:02				Saturday & holiday service Originates at Nagiso	6:02	6:07	Departs Nakatsugawa	6:35
0:02				Originates at Nagiso			Arrives at Nagoya	7:52
Nagiso				Weekday service	6:32	6:37	Arrives at Nakatsugawa Departs Nakatsugawa	6:51 7:00
6:32				Originates at Nagiso	0.32	0.37	Arrives at Nagoya	8:24
Nagiso				Caturday & holiday convice			Arrives at Nakatsugawa	6:51
6:44				Saturday & holiday service Originates at Nagiso	6:44	6:49	Departs Nakatsugawa	7:15
0.44				Originates at Magiso			Arrives at Nagoya	8:34
Kiso Fukushima	6:53	6:58	7:02	7:06	7:12	7:17	Arrives at Nakatsugawa Departs Nakatsugawa	7:31 7:35
6:34	0.55	0.36	7.02	7.00	7.12	/.1/	Arrives at Nagoya	8:57
Nagiso							Arrives at Nakatsugawa	7:51
7:32				Originates at Nagiso	7:32		Departs Nakatsugawa	7:56
7.32							Arrives at Nagoya	9:13
							Arrives at Nakatsugawa Arrives at Ena	8:21 8:30
Nagano				Ltd. Exp.			Arrives at Ena Arrives at Tajimi	8:50
6:09	$\rightarrow$	$\rightarrow$	$\rightarrow$	Shinano No.2	8:10	<b>→</b>	Arrives at Chikusa	9:08
0.00				51a			Arrives atKanayama	9:12
							Arrives at Nagoya	9:17
Matsumoto	0.06	0.12	0.17	0.22	0.20	0.22	Arrives at Nakatsugawa	8:47
6:26	8:06	8:13	8:17	8:22	8:28	8:33	Departs Nakatsugawa Arrives at Nagoya	8:55 10:13
Nacion							Arrives at Nakatsugawa	9:10
Nagiso				Originates at Nagiso	8:51	8:56	Departs Nakatsugawa	9:15
8:51							Arrives at Nagoya	10:35
Matsumoto	0.25	0.20	0.44	0.40	0.54	10.00	Arrives at Nakatsugawa	10:14
7:41	9:35	9:39	9:44	9:48	9:54	10:00	Departs Nakatsugawa Arrives at Nagoya	10:20 11:35
Mataria							Arrives at Nakatsugawa	12:54
Matsumoto	12:13	12:17	12:21	12:26	12:33	12:39	Departs Nakatsugawa	13:20
10:24							Arrives at Nagoya	14:35
Nagiso				Ovisinatos at Nasias	12.26	12.21	Arrives at Nakatsugawa	13:45
13:26				Originates at Nagiso	13:26	13:31	Departs Nakatsugawa Arrives at Nagoya	13:50 15:13
Mataumata							Arrives at Nakatsugawa	15:14
Matsumoto	14:22	14:27	14:31	14:35	14:42	14:48	Departs Nakatsugawa	15:20
12:18							Arrives at Nagoya	16:35
Shiojiri	$\rightarrow$	$\rightarrow$	$\rightarrow$	Rapid Service "Nice Holiday"	15:35	$\rightarrow$	Arrives at Nakatsugawa	15:49
14:18				* Please check operating dates	10.00		Arrives at Nagoya	17:18
Nagano	$\rightarrow$	$\rightarrow$	$\rightarrow$	Ltd. Exp. Shinano No.16	15:56	$\rightarrow$	Arrives at Nakatsugawa Arrives at Tajimi	16:07 16:34
14:04							Arrives at Chikusa	16:52
11.01				Simulo No.10			Arrives at Nagoya	17:01
Matsumoto							Arrives at Nakatsugawa	16:51
14:30	16:13	16:17	16:22	16:26	16:32	16:38	Departs Nakatsugawa	16:55
							Arrives at Nagoya Arrives at Nakatsugawa	18:18 17:08
Nagano				Ltd. Exp.			Arrives at Tajimi	17:37
15:00	$\rightarrow$	$\rightarrow$	$\rightarrow$	Shinano No.18	16:56	$\rightarrow$	Arrives at Chikusa	17:56
							Arrives at Nagoya	18:05
Nagiso				Onininatas at Nanias	16.50	17.04	Arrives at Nakatsugawa	17:18
16:58				Originates at Nagiso	16:58	17:04	Departs Nakatsugawa Arrives at Nagoya	17:35 18:57
							Arrives at Nakatsugawa	18:08
Nagano	$\rightarrow$	$\rightarrow$	$\rightarrow$	Ltd. Exp.	17:56	$\rightarrow$	Arrives at Tajimi	18:37
16:00	_		7	Shinano No.20	17.50	_	Arrives at Chikusa	18:56
							Arrives at Nagoya	19:05
Matsumoto	17:24	17:28	17:32	17:37	17:58	18:04	Arrives at Nakatsugawa Departs Nakatsugawa	18:18 18:35
15:35	17.24	17.20	1/.34	17.57	17.30	10.04	Arrives at Nagoya	19:57
Matsumoto							Arrives at Nakatsugawa	18:51
16:38	18:13	18:17	18:21	18:25	18:31	18:37	Departs Nakatsugawa	18:55
10.00							Arrives at Nagoya	20:18
Nagiso				Originatos at Magica	19:30	19:35	Arrives at Nakatsugawa Departs Nakatsugawa	19:50 20:00
19:30				Originates at Nagiso	19.30	19.33	Arrives at Nagoya	20:00
Matsumoto							Arrives at Nakatsugawa	20:50
	20:10	20:14	20:18	20:22	20:30	20:35	Departs Nakatsugawa	21:00
18:23							Arrives at Nagoya	22:22
Matsumoto 21:31	22:58	23:02	23:06	23:11	23:16	23:22	Arrives at Nakatsugawa	23:36
					1		1	1